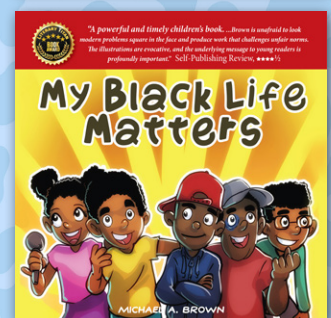
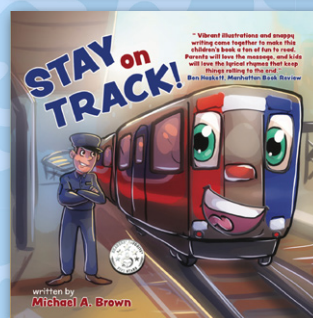
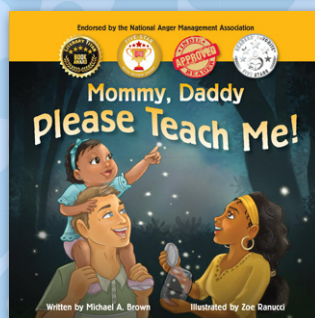
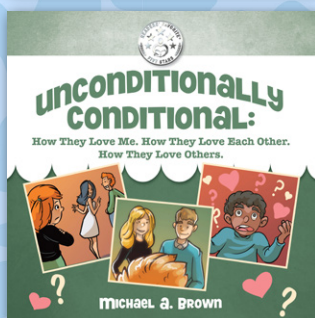
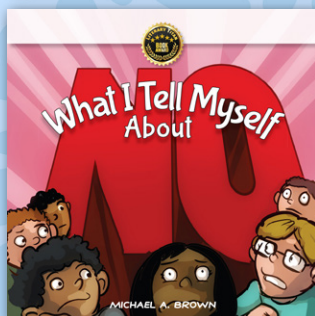
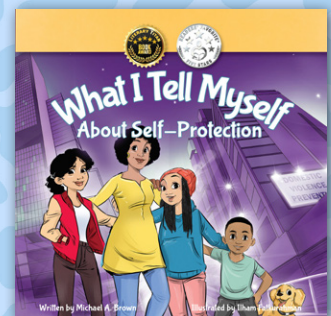
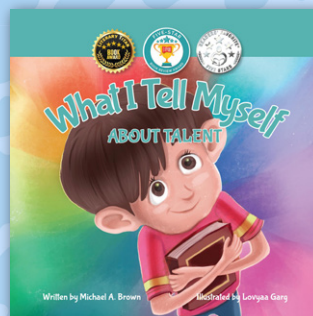
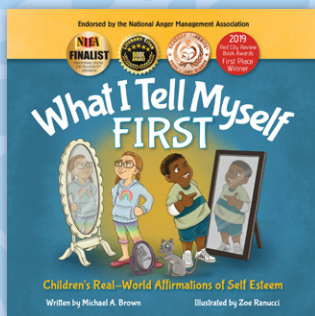


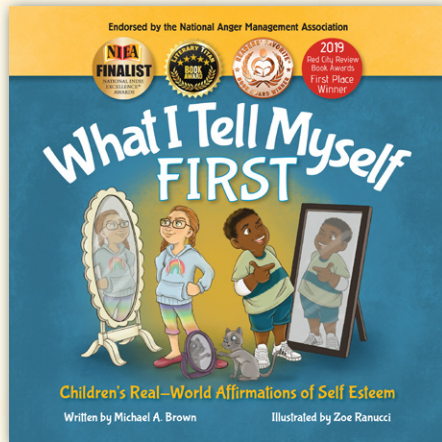
What I Tell Myself The Book Series

The "I Wish I Had This Growing Up"
of Children's Books.



What I Tell Myself The Book Series

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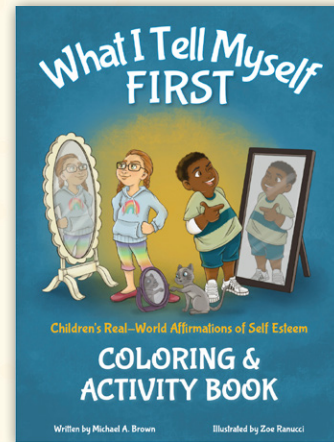
What I Tell Myself FIRST: Children's Real-World Affirmations of Self-Esteem

National Anger Management Association (NAMA) Endorsed

★★★★★ "Crucial life lessons and empowering personal affirmations for young children overflow on the vibrant pages of What I Tell Myself First by author Michael A. Brown, with illustrations by Zoe Ranucci. Unlike many other motivational books directed at younger readers, this book addresses both the good and the bad, presenting realistic, optimistic, and self-driving ideas that can help to shape developing minds. Beautifully illustrated with a clear vision of childhood challenges, What I Tell Myself First is an honest and original take on positivity and self-help for youngsters." - *Self-Publishing Review*

Paperback: 978-1-7341848-1-5
Hardcover: 978-1-7341848-0-8

\$5 paperback
\$12 hardcover

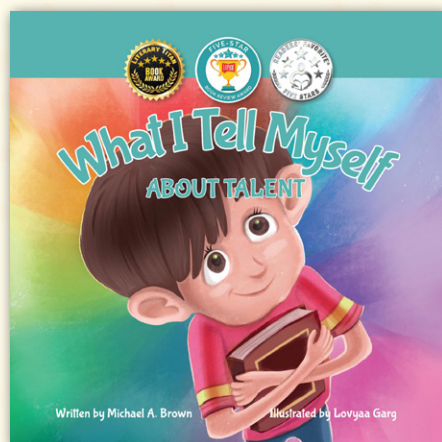


What I Tell Myself FIRST: Children's Real-World Affirmations of Self-Esteem, Coloring and Activity Book

With activities to infuse the affirmations into the child, don't just have them color. Help your child affirm their place in this world. "This positive and heartwarming text is one that educators, caregivers, and children can learn from again and again. This beautifully illustrated picture book will enhance both homes and classrooms with its positive affirmations and gentle lessons in self-worth." - *Book Life Reviews by Publishers Weekly*

Paperback: Order Direct from Author

\$5 paperback

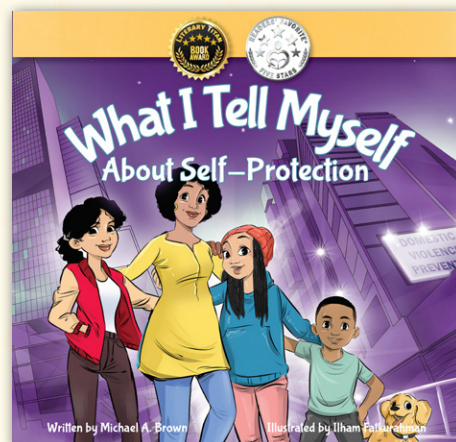


What I Tell Myself About Talent

★★★★★ "Michael Brown has once again created a book on a topic that I have rarely, if ever, read about in a children's book. Talent, and how to find it in everyday places with a little exploration, is accomplished in this book with simple rhymes and vibrant illustrations of diverse children doing different activities. This picture book will encourage readers to get out into the world and try things out. It will open their eyes to the idea that they can continue to do the things they like even into adulthood. From doctors to construction workers Michael Brown makes it clear that going out and finding what you're good at is part of the fun." - *Literary Titan*

Paperback: 978-1-7352024-0-2
Hardcover: 978-1-7352024-1-9

\$5 paperback
\$12 hardcover



What I Tell Myself About Self-Protection

★★★★★ "An excellent resource for parents, teachers, and caregivers to get the young people in their care to understand the dangers they can face and the importance of being prepared and ready to deal with the unexpected... stresses the need for kids to feel they can take charge and protect themselves if their parents are not around. I was impressed by the author's handling of what is a sensitive and frightening subject and appreciated the recommendations he provides in this book." - *Literary Titan*

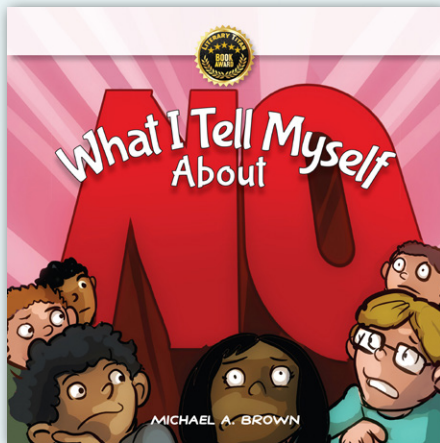
Paperback: 978-1-7341848-9-1
Hardcover: 978-1-7352024-9-5

\$5 paperback
\$12 hardcover

What I Tell Myself

The Book Series

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info@whatitellmyselffirst.com



What I Tell Myself About NO!

★★★★★ "I loved this book! What a great way to explain that NO doesn't always mean a bad thing. Really can help children understand why parents sometimes must do what's best for the child. Mike Brown hit it out of the park with this one!" *Melanie Smith Fowler.*

From unseen dangers to love and food choices, *What I Tell Myself About NO* is a fun read filled with all-too-familiar noes that teach the lesson behind hearing that dreaded word, no. Propel your children toward the next no: their next opportunity to learn and positively self-actualize.

Paperback: 978-1-7356041-0-7
Hardcover: 978-1-7356041-1-4

\$5 paperback
\$12 hardcover

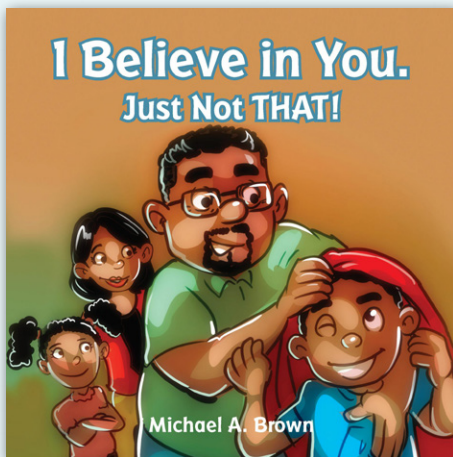


Impatient Patience

★★★★★ "Discover the virtue of patience in the inspiring picture book, *Impatient Patience*. The beautifully drawn illustrations are colorful and engaging and add a touch of enchantment to a delightful story. The author does an excellent job teaching a valuable lesson while keeping the story amusing and younger readers involved in the plot. The underlying message is a gentle reminder to both adults and children to slow down, relax, and allow things to come in their own timing. I recommend this delightfully charming book to children ages three to six years old." – *Susan Sewell for Readers' Favorite*

Paperback: 978-1-7356041-3-8
Hardcover: 978-1-7356041-4-5

\$5 paperback
\$12 hardcover



I Believe In You. Just Not THAT!

★★★★★ "Grammatically written incorrectly on purpose, but written informally as a family or friends would talk to each other. Very cute. I smiled and laughed a lot while reading. It is realistic in how parents can view such dream careers their kids think they want and will succeed in. It carries the important message of faith and passion for whatever it is a person has for something." *Amazon Customer*

Paperback: 978-1-7368114-1-2
Hardcover: 978-1-7368114-2-9

\$5 paperback
\$12 hardcover



How 'Bout Now?!

A police traffic stop that will forever change a little boy's world. Family is often the first provider of a child's education and experience. If people are the collection of their education and experiences, what will he see? What will he experience? Will his experiences on this traffic stop shape his world view of American police interactions with brown-skinned people? He grew up hearing Black lives matter. He wanted to make a change in his community. After this traffic stop, will he still want to make that change?

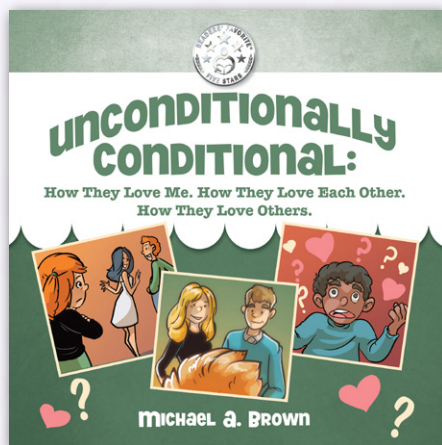
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What I Tell Myself

The Book Series

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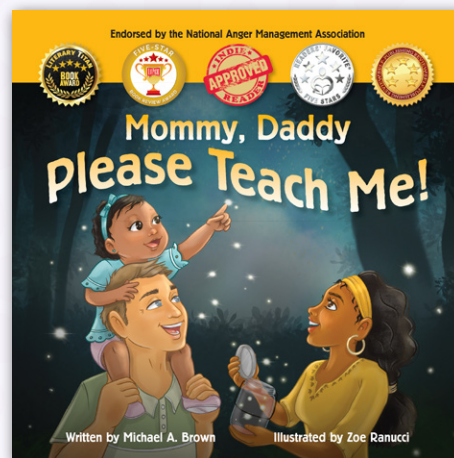


Unconditionally Conditional: How They Love Me. How They Love Each Other. How They Love Others

★★★★★ "A book that presents a great deal of important and serious questions about love that children might be asking, even if only within themselves...One important asset of the book is the fact the questions cover a broad spectrum of love relationships. The greatest strength of Michael Brown's Unconditionally Conditional is the way the questions are presented...easily allows parents or a parent and the child to focus on the one question that is of uppermost concern to the child. In addition, this is the kind of book that children need to be introduced to, just so they can share their thoughts about love in general and so that parents can be aware of and alerted to any concerns children might have about being loved and knowing that they are loved." *Kathy Golden for Readers' Favorite*

Paperback 978-1-7362780-2-4
Hardcover 978-1-7362780-3-1

\$5 paperback
\$12 hardcover



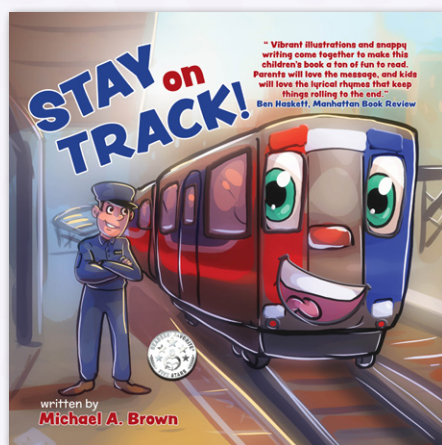
Mommy, Daddy Please Teach Me!

National Anger Management Association (NAMA) Endorsed

★★★★★ "A colorful, inspiring and heartwarming children's book, *Mommy, Daddy Please Teach Me!* is a treasure trove of wisdom for young children. From their very first lessons in life to more abstract ideas of self-esteem and joy, parents provide critical support for a child's view of the world. Exquisitely illustrated, this vivid storybook touches on some of the countless opportunities for learning and growth that parents can share as their children grow. The simple language makes this a great starter book for early readers, while the images make it a stimulating experience, regardless of one's reading level. The final image of Maslow's hierarchy could be a great launch point for conversations about a child's happiness, desires, and emotional management. A quick, beautiful, and impactful read." - *Self-Publishing Review*

Paperback: 978-1-7352024-6-4
Hardcover: 978-1-7352024-7-1

\$5 paperback
\$12 hardcover

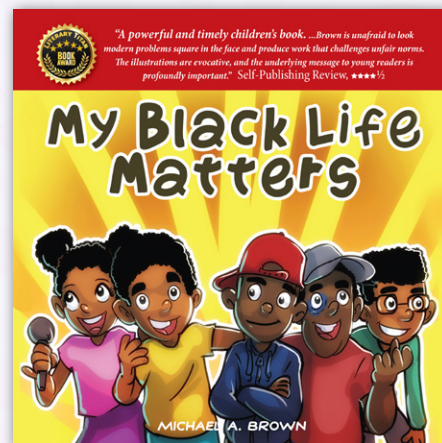


Stay on Track!

"Vibrant illustrations and snappy writing come together to make this children's book a ton of fun to read. Parents will love the message, and kids will love the lyrical rhymes that keep things rolling to the end." - *Ben Haskett, Manhattan Book Review*

Paperback: 978-1-7372045-0-3
Hardcover: 978-1-7372045-1-0

\$5 paperback
\$12 hardcover



My Black Life Matters

★★★★½ "A powerful and timely children's book. ...Brown is unafraid to look modern problems square in the face and produce work that challenges unfair norms. The illustrations are evocative, and the underlying message to young readers is profoundly important." - *Self-Publishing Review*

Paperback: 978-1-7356041-9-0
Hardcover: 978-1-7362780-0-0

\$5 paperback
\$12 hardcover

FAMILY-BUILDING (MASLOW'S SECURITY AND LOVE/ BELONGING NEEDS) JOURNALS

What you don't teach them now, life will painfully teach them later. Within one year, it is said that a child will spend 900 hours at school. Within that same year, that same child will spend 7800 hours at home. It is important that a child and their parent(s) bond through lessons that a parent(s) teach(es) their child(ren) and what children teach their parents.

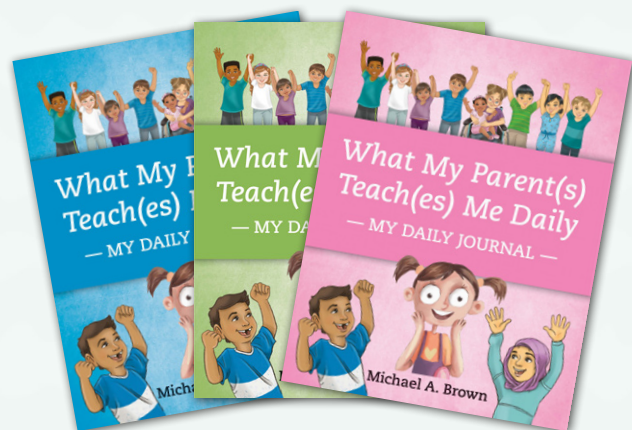


What I Teach My Child(ren) Daily: My Daily Journal - For Parents

Question: What have you taught your child(ren)? Where would you go to recall those lessons? Welcome to your daily journal. Teach. Learn from your child(ren). What kind of learner is (are) your child(ren)? Discuss. Then, document what you've learned or taught. Document what you thought about what you taught or learned. Read it over. Discuss some more. Sign it. Have your child(ren) sign it. Repeat.

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Paperback (Green) 979-8-9853828-3-9

\$5 paperback



What My Parent(s) Teach(es) Me Daily: My Daily Journal - For Children

Question: What has your parent(s) taught you? Where would you go to recall those lessons? Welcome to your daily journal. Learn. Teach what you've learned. Discuss. Then, document what you've learned or taught or what you thought about what you were taught. Read it over. Discuss some more. Sign it. Have your parent(s) sign it. Repeat.

Paperback (Blue) 978-1-7375665-8-8
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\$5 paperback



What I Learned at School Today: My Daily Journal - For Children with Parental Monitoring

What did your child(ren) learn at school today? Within one year, it is said that a child will spend 900 hours at school. Within that same year, that same child will spend 7800 hours at home. It is important that parent(s) allow their children to document what they learned at school. Welcome to your child(ren)'s daily journal. Have your child(ren) write a summary of what they learned at school. Discuss. Then, discuss your child's progress or the teacher's methods of instruction with your child(ren) and their teachers. Document what you thought about what you taught or learned. Read it over. Discuss some more. Sign it. Have your child(ren) sign it. Repeat. Monitor any progress.

Paperback (Blue) 979-8-9853828-4-6
Paperback (Pink) 979-8-9853828-5-3
Paperback (Green) 979-8-9853828-6-0

\$5 paperback

SERIE DE LIBROS LO QUE ME DIGO A MÍ MISMO EN ESPAÑOL



Mamá, papá ¡Por favor enséñame!

★★★★★ "Un libro para niños colorido, inspirador y conmovedor, Mommy, Daddy Please Teach Me! De Michael A. Brown es un tesoro de sabiduría para los niños pequeños. Desde sus primeras lecciones en la vida hasta ideas más abstractas de sí mismos. -estima y alegría, los padres brindan un apoyo fundamental para la visión del mundo de un niño. Exquisitamente ilustrado por Zoe Ranucci, este vívido libro de cuentos aborda algunas de las innumerables oportunidades de aprendizaje y crecimiento que los padres pueden compartir a medida que sus hijos crecen. El lenguaje simple hace Este es un excelente libro de inicio para lectores principiantes, mientras que las imágenes lo convierten en una experiencia estimulante, independientemente del nivel de lectura de uno. La imagen final de la jerarquía de Maslow podría ser un excelente punto de partida para las conversaciones sobre la felicidad, los deseos y el manejo emocional de un niño. lectura rápida, hermosa e importante". - *Revisión de autoedición*

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Hardcover: 978-1-7356041-6-9

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\$12 hardcover

Paciencia Impaciente

★★★★★ "Descubra la virtud de la paciencia en el inspirador libro ilustrado, Paciencia impaciente (lo que me digo) de Michael A. Brown. Las ilustraciones bellamente dibujadas son coloridas y atractivas y añaden un toque de encanto a una historia encantadora. El autor hace un excelente trabajo al enseñar una lección valiosa mientras mantiene la historia entretenida y a los lectores más jóvenes involucrados en la trama. El mensaje subyacente es un recordatorio gentil tanto para adultos como para niños para que disminuyan la velocidad, se relajen y permitan que las cosas sucedan en su propio tiempo, en lugar de intentar apresurarlo todo. Recomiendo este libro deliciosamente encantador a niños de tres a seis años". - *Susan Sewell por Favorito de los lectores*

Paperback: 978-1-7362780-5-5
Hardcover: 978-1-7362780-6-2

\$5 paperback
\$12 hardcover



What I Tell Myself The Book Series

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Lo Que Me Digo a Mí Mismo PRIMERO: Afirmación Del Mismo Estilo Mundial para Niños Autoestima

★★★★★ "Las lecciones de vida cruciales y las afirmaciones personales de empoderamiento para los niños pequeños se desbordan en las páginas vibrantes de What I Tell Myself First del autor Michael A. Brown, con ilustraciones de Zoe Ranucci. A diferencia de muchos otros libros de motivación dirigidos a lectores más jóvenes, Este libro aborda tanto lo bueno como lo malo, presentando ideas realistas, optimistas y autónomas que pueden ayudar a moldear las mentes en desarrollo. Bellamente ilustrado con una visión clara de los desafíos de la infancia, What I Tell Myself First es una versión honesta y original de positividad y autoayuda para los jóvenes". - *Revisión de autoedición*

Paperback: 978-1-7341848-3-9
Hardcover: 978-1-7341848-6-0

\$5 paperback
\$12 hardcover

Lo Que Me Digo a Mí Mismo: Sobre el Talento

★★★★★ "Una vez más, Michael Brown ha creado un libro sobre un tema sobre el que rara vez he leído en un libro para niños. El talento, y cómo encontrarlo en lugares cotidianos con un poco de exploración, se logra en este libro con rimas sencillas e ilustraciones vibrantes de diversos niños que realizan diferentes actividades. Este libro ilustrado animará a los lectores a salir al mundo y probar cosas. Les abrirá los ojos a la idea de que pueden seguir haciendo las cosas que les gustan. incluso en la edad adulta. Desde médicos hasta trabajadores de la construcción, Michael Brown deja en claro que salir y encontrar lo que se te da bien es parte de la diversión". - *Titán literario*

Paperback: 978-1-7362780-8-6
Hardcover: 978-1-7362780-9-3

\$5 paperback
\$12 hardcover



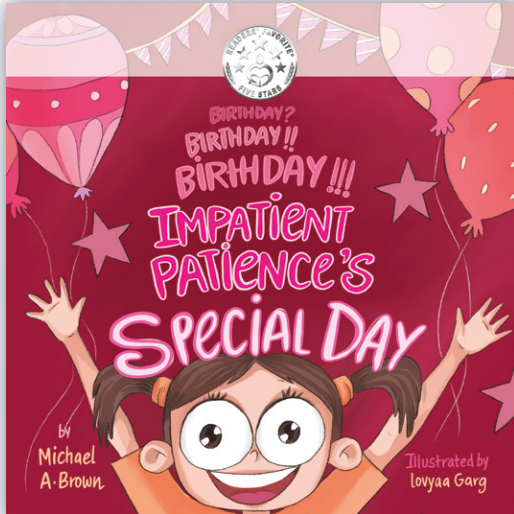
¡Mantente en la vía!

"Las vibrantes ilustraciones y la ágil escritura convergen para hacer de este libro infantil una lectura muy divertida. A los padres les encantará el mensaje, y a los niños las rimas líricas que mantienen el ritmo hasta el final". - *Ben Haskett, Manhattan Book Review*

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2021 NEW RELEASES



Birthday? Birthday!! Birthday!!! Impatient Patience's Special Day

★★★★★ "....a captivating children's book...packed with thought-provoking conversation-starters for parents to pursue. Birthday? Birthday!! Birthday!!! Impatient Patience's Special Day by Michael A. Brown is a gem! Every child will want it to be read over and over again." *Deborah Lloyd for Readers' Favorite*

★★★★½ "A charming tale about patience, self-control, and motherly love...packed with subtle lessons, particularly about the importance of family, slowing down to appreciate the world, and how love can thrive over long distances. For those young readers who enjoy vivid colors, amusing characters, and heartwarming endings, this latest book ... is sure to please." *Self-Publishing Review*

Paperback: 978-1-7356041-9-0
Hardcover: 978-1-7362780-0-0

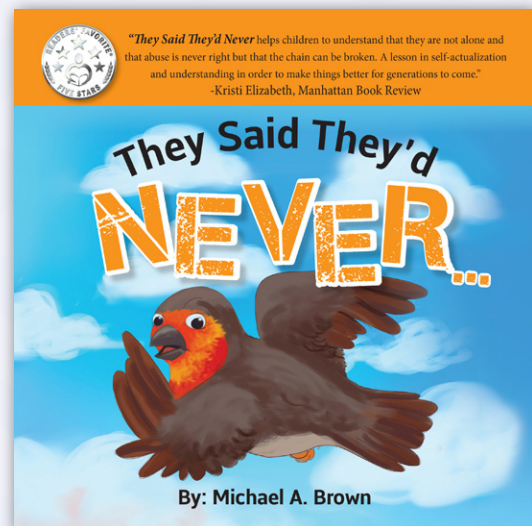
\$5 paperback
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They Said They'd Never...

★★★★★ "...a touching, heart-wrenching story about broken promises and child abuse. The reader will instantly feel compassion for the sad boy leaning on the windowsill, sharing his plight with the only one who will listen — the little bird. ... a story that will resonate with many." *Emily-Jane Hills Orford for Readers' Favorite* They Said They'd Never helps children to understand that they are not alone and that abuse is never right but that the chain can be broken. A lesson in self-actualization and understanding in order to make things better for generations to come." *- Kristi Elizabeth, Manhattan Book Review*

Paperback 978-1-7372045-9-6
Hardcover 978-1-7375665-0-2

\$5 paperback
\$12 hardcover



Whose Fault? Not Mine!

★★★★½ "A delightful children's picture book...an engaging story about the significance of accepting responsibility...discovers that being kind to others is sometimes more important than benefiting yourself - an important message for children that is continually entertaining... Brown's endearing humor and illustrator Milan Samadder's colorful landscapes are charming throughout." *- Self-Publishing Review*

Paperback: 978-1-7375665-2-6
Hardcover: 978-1-7375665-3-3

\$5 paperback
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What I Tell Myself

The Book Series

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Mommy Daddy, Please Teach Me. Coloring and Activity Book

An assessment of activities that help parents and children identify what children know and need to learn. "Michael Brown's latest children's book is another winner! The content encourages family bonding and teaches children important lessons. It is especially helpful in providing children with a sense of self-worth and empathy. The illustrations are wonderful and the diversity and inclusion are impressive. Highly recommended." – *Dr. Rich Pfeiffer, President, National Anger Management Association*

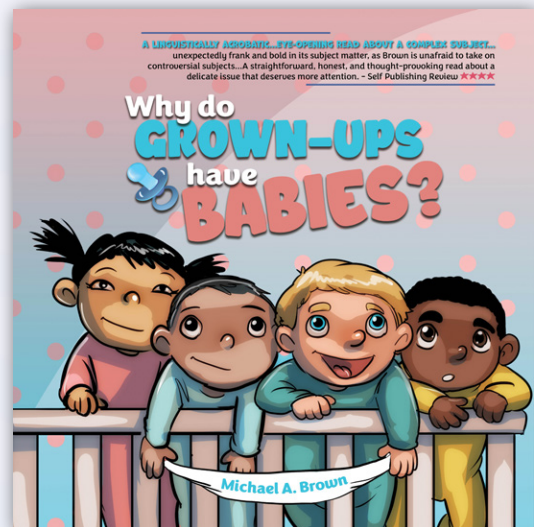
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Why Do Grown-Ups Have Babies?

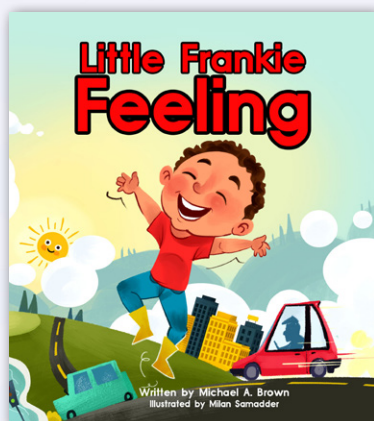
★★★★★ "A linguistically acrobatic...eye-opening read about a complex subject. Exploring the many good – and bad – reasons to bring a child into the world, this book is unexpectedly frank and bold in its subject matter, as Brown is unafraid to take on controversial subjects. The target audience is most certainly adults more than children, given the tough-love focus...a straightforward, honest, and thought-provoking read about a delicate issue that deserves more attention." – *Self-Publishing Review*

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COMING SOON



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Grab the kids and join Little Frankie Feeling as he travels around his neighborhood feeling his way around.

Should he feel?

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**The “I Wish I Had This Growing Up”
of Children’s Books.**

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**“It is not enough to say we want to break generational curses.
We must have the tools to give us better options in teaching our future to do
things differently. Welcome to your toolbox.” – Mike Brown**

Thank you for your interest in healing our children.